



Red Mountain Institute of Yoga Psychology

If you are a Mental Health Professional and you would like to get started with Red Mountain Institute of Yoga Psychology's Yoga Psychology Training for Mental Health Professionals, then this page will give you some helpful information.

(To learn about Yoga Psychology Training for Mental Health Professionals, please select/click the webpage icon and read About YPT for MHP.)

(To learn about Deborah, please select/click the webpage icon and read Deborah Bio.)

Saturday Sessions Offered By Appointment

Online and in North Myrtle Beach SC

Fee: \$100 per session.

Pre-approval Required:

Interested Mental Health Professionals must first attend an Individual Evaluation Session with Deborah to see whether or not the program is a good fit at this time for you. Fee is \$100.

To schedule your Individual Evaluation Session,

please call Deborah at 760-529-1313

or email her at space2thrive@gmail.com.