

Patrick Redmond Has Taught DRT Dynamic Resilience Training® To People With Many Different Body Conditions Including:

Abdominal Diastasis
Abdominal Weakness
Achilles Tendon Rupture
Ankle Weakness
Ankle Fracture (Pre-/Post-Surgery)
Auto-Immune-Disorders
Bursitis
Cancer (Pre-/Post-Surgery/Chemo/Radiation)
Cervical Disc Herniation
Cervical Pain/Sprain/Stiffness/Strain
Cervical Instability
Cervical Weakness
Congenital Twist Pelvis/Thighs
Craniotomy (Removal Of AVM)
Crohn's Disease
Diabetes
Eating Disorders
Elbow "Tennis Elbow"
Exercise-Induced Asthma
Fainting Spells
Fibromyalgia/Hashimoto's Thyroiditis
Fingers Amputated
Foot Arches Weakness/Fallen
Foot Bone Spurs
Foot Fracture
Foot Pain
Hand Surgery
Headaches/Migraines
Hernia
Hip Joint Pain/Sprain/Stiffness/Strain
Hip Joint Replacement (Pre-/Post-Surgery)
Irritable Bowel Syndrome
Joint Pain (Overall/Specific)
Joint Stiffness (Overall/Specific)
Knee ACL Complete Tear
Knee ACL Sprain
Knee Meniscal Repair
Knee Meniscal Total Removal
Knee Pain/Sprain/Stiffness/Strain
Knee Patellofemoral Syndrome
Knee Replacement (Pre-/Post-Surgery)
Ligamental Laxness (Overall/Specific)
Low Energy Level
Lumbar Excessive Lordosis
Lumbar Pain/Sprain/Stiffness/Strain
Lumbar Weakness
Lumbar Disc Herniation
Lumbar Discectomy
Lumbar Vertebra Fracture
Morton's Neuroma
Motor Vehicle Accident Injuries
Muscle Tendinitis (Overall/Specific)
Muscle Tightness (Overall/Specific)
Muscle Weakness (Overall/Specific)
Nerve Impingement
Obese
Open Heart Surgery
Overweight
Osteoarthritis
Osteopenia
Osteoporosis
Parkinson's
Pelvic Pain/Sprain/Stiffness/Strain
Pelvic Imbalance/Instability
Piriformis Syndrome
Plantar Fasciitis
Post-Partum/Early Mom Abdominal
Post-Partum/Early Mom Pelvis/Hip
Post-Partum/Early Mom Shoulder
Postural Weakness
Range Of Motion Limitations
Rectus Femoris Complete Tear
Rheumatoid Arthritis
Sacroiliac Joint Instability
Sacroiliac Joint Pain/Sprain/Stiffness/Strain
Scapula Fracture
Sciatica
Shoulder "Frozen"
Shoulder Glenoid Labrum Repair
Shoulder Instability
Shoulder Joint Replacement
Shoulder Pain/Sprain/Stiffness/Strain
Shoulder Rotator Cuff Pain/Strain/Tear
Shoulder Weakness
Slips/Falls
Spinal Scoliosis
Spondylosis
Spondylolisthesis
Sports-Related Injuries
Stress-Induced Asthma
Stress/Anxiety/Sleeplessness
Tailbone Fracture
Thigh Pain
Thoracic Excessive Kyphosis
Thyroid Disorders
Vertigo
Work-Related Injuries
Wrist Carpal Tunnel Syndrome
Wrist Fracture
Wrist Weakness